

Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM-E)

New for 2025

- No applicable changes for this measure

Definition

Percentage of children and adolescents ages 1–17 who had 2 or more antipsychotic prescriptions and had metabolic testing.

Three rates are reported:

- The percentage of children and adolescents on antipsychotics who received blood glucose testing
- The percentage of children and adolescents on antipsychotics who received cholesterol testing
- The percentage of children and adolescents on antipsychotics who received blood glucose and cholesterol testing



Yes!

Supplemental
Data Accepted

Plans(s) affected	Quality program(s) affected	Collection and reporting method
<ul style="list-style-type: none"> • Commercial • Medicaid 	<ul style="list-style-type: none"> • NCQA Accreditation • NCQA Health Plan Ratings • Select State Medicaid reporting 	<ul style="list-style-type: none"> • Electronic data only

Codes

The following codes can be used to close HEDIS numerator gaps in care; they are not intended to be a directive of your billing practice.

Glucose test	
CPT®/CPT II	80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951

Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM-E) (cont.)

Glucose test

LOINC 10450-5, 1492-8, 1494-4, 1496-9, 1499-3, 1501-6, 1504-0, 1507-3, 1514-9, 1518-0, 1530-5, 1533-9, 1554-5, 1557-8, 1558-6, 17865-7, 20436-2, 20437-0, 20438-8, 20440-4, 2345-7, 26554-6, 41024-1, 49134-0, 6749-6, 9375-7

SNOMED 22569008, 33747003, 52302001, 72191006, 73128004, 88856000, 104686004, 166890005, 166891009, 166892002, 166921001, 166922008, 167086002, 167087006, 167088001, 167095005, 167096006, 167097002, 250417005, 271061004, 271062006, 271063001, 271064007, 271065008, 275810004, 302788006, 302789003, 308113006, 313474007, 313545000, 313546004, 313624000, 313626003, 313627007, 313628002, 313630000, 313631001, 313697000, 313698005, 313810002, 412928005, 440576000, 442545002, 443780009, 444008003, 444127006, 444780001, 1179458001, 1259140002

HbA1c test

CPT®/CPT II 83036, 83037, 3044F, 3046F, 3051F, 3052F

LOINC 17855-8, 17856-6, 4548-4, 4549-2, 96595-4

SNOMED 43396009, 313835008, 165679005, 451061000124104

Cholesterol test other than LDL

CPT®/CPT II 82465, 83718, 83722, 84478

LOINC 2085-9, 2093-3, 2571-8, 3043-7, 9830-1

SNOMED 14740000, 28036006, 77068002, 104583003, 104584009, 104586006, 104784006, 104990004, 104991000, 121868005, 166830008, 166832000, 166838001, 166839009, 166848004, 166849007, 166850007, 167072001, 167073006, 167082000, 167083005, 167084004, 259557002, 271245006, 275972003, 314035000, 315017003, 365793008, 365794002, 365795001, 365796000, 390956002, 412808005, 412827004, 439953004, 443915001, 707122004, 707123009, 1162800007, 1172655006, 1172656007, 67991000119104

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LDL-C test

CPT®/CPT II	80061, 83700, 83701, 83704, 83721, 3048F, 3049F, 3050F
LOINC	12773-8, 13457-7, 18261-8, 18262-6, 2089-1, 49132-4, 55440-2, 96259-7
SNOMED	113079009, 166833005, 166840006, 166841005, 167074000, 167075004, 314036004

Required exclusion(s)

Exclusion

- Members in hospice or using hospice services
- Members who died

Time frame

Any time during the measurement year



Important notes

Medical record detail including, but not limited to

- | | |
|---|--|
| <ul style="list-style-type: none"> • A member must have metabolic screening tests that measure both blood glucose and cholesterol • Individual tests to measure cholesterol and blood glucose levels can be done on the same or different dates of service | <ul style="list-style-type: none"> • Glucose test or HbA1c test and • Cholesterol lab test • LDL or LDL-C lab test |
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Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM-E) (cont.)

Tips and best practices to help close this care opportunity:

- This measure focuses on appropriate monitoring for children prescribed antipsychotic medications
- Schedule an annual glucose or HbA1c and LDL-C or other cholesterol test
- Assist caregiver in understanding the importance of annual screening
- Behavioral health screening tools and resources at providerexpress.com
- Patient education information at liveandworkwell.com > Browse as a guest with company access code > Use access code “clinician” > Explore and Learn
- The use of CPT® Category II codes helps UnitedHealthcare identify clinical outcomes such as HbA1c level. It can also reduce the need for some chart review.
- CPT II Codes that are on a lab claim (POS 81) or include a modifier do not count toward numerator compliance
- Lab tests visits can be accepted as supplemental data. Please contact your UnitedHealthcare representative to discuss clinical data exchange opportunities.
- Antipsychotic medications can elevate a child’s risk for developing serious metabolic health complications associated with poor cardiometabolic outcomes in adulthood. Given these risks and the potential lifelong consequences, metabolic monitoring (blood glucose and cholesterol testing) is an important component of ensuring appropriate management of children and adolescents on antipsychotic medications.
- Test blood glucose and cholesterol at a member’s annual checkup or school physical to reduce additional visits
- Monitor children on antipsychotic medications to help to avoid metabolic health complications such as weight gain and diabetes
- Encouraging shared decision-making by educating members and caregivers about the increased risk of metabolic health complications from antipsychotic medications and importance of screening blood glucose and cholesterol levels
- Offer National Suicide Prevention Lifeline for patient to call, text or chat 988 when needed
- Sharing member demographic data is critical to understanding the cultural, linguistic and social needs of those we serve and decreasing health inequities across the care continuum. This data can include, but is not limited to, race, ethnicity, language, sexual orientation, gender identity, pronouns, sex assigned at birth and disability status.
 - As part of the UnitedHealthcare clinical structured data exchange program, we encourage you to include this demographic data with any structured data file or CCD. Your information is confidential. UnitedHealthcare will keep personally identifiable information confidential and won't disclose any information without your written consent.